Location
Coliseum Medical Centers
Main Building, Fourth Floor

Visiting Hours
Monday - Saturday: 4 p.m. to 9 p.m.
Sunday/holidays: 9 a.m. to 9 p.m.

Meals
Served at: 7:30 a.m., 12 noon and 5 p.m. in patient’s room

Mail
Have mail sent to:
Coliseum Rehabilitation Center
350 Hospital Dr.
Macon, GA 31217-9165

Telephone & Television
These are provided free of charge except for premium channels and long distance calls. To call a patient, dial (478) 765-7 plus the room number or (478) 765-7000.
Welcome
Coliseum Rehabilitation Center helps patients overcome functional limitations brought on by injury or illness. We recognize the importance of returning to normal activities as soon as possible.

Rehabilitation is a combination of medical care, therapy and education. We provide hands-on care in applying the latest techniques and technologies. During your stay, you will receive the highest level of medical treatment possible. Our program is designed to help in areas such as strokes, orthopedic fractures, joint replacements, amputations, back injuries, and neuromuscular disorders.

Should any medical complications occur during your rehabilitation, acute care hospital services are available on site to treat any urgent needs and provide continuity of care.

(On admission all patients at Coliseum Rehabilitation Center enjoy private rooms and baths to assure privacy and provide rest after your therapy.)

Treatment Team
Depending on your individual needs, a therapy program will be designed to help you achieve independence as soon as possible. A team of professionals will be assigned to you to focus on your limitations and provide a minimum of three hours of therapy a day, six to seven days a week.

Physical Therapy
Works with you to:
- Improve balance and coordination
- Reduce and eliminate pain
- Increase strength
- Learn to use a walker or cane if needed (Gait training)
- Develop transfer techniques

Occupational Therapy
Works with you to:
- Improve strength and coordination involving upper body extremities
- Develop fine motor skills
- Improve daily living activities such as bathing and dressing
- Develop transfer skills

Recreational Therapy
Focus on:
- Leisure skills
- Environmental barriers
- Standing dynamics
- Wheelchair mobility

Speech & Language Therapy
Areas of focus include:
- Cognitive skills
- Swallowing
- Communication
- Memory
- Activities of daily living involving home tasks

Rehabilitation Nursing
A specially trained Rehabilitation Nurse helps you in the following areas:
- Transfers
- Medication awareness-please bring a list of all home medications (prescription and over the counter)
- Skin care
- Nutrition
- Safety issues
- Education for you and your family

Physician Services
Experienced in physical medicine and rehabilitation as well as other specialties including neurology and internal medicine.

Your Individual Needs
When facing the challenge of rehabilitation, you are not alone. Our social workers meet with you and your family throughout treatment, discussing your discharge goals, and providing assistance in making whatever adjustments are necessary to home and family life.

We also offer support to you and your family/caregiver through various support groups during your stay. Your key to success is to remain motivated and participate with therapies. If a patient elects not to participate, arrangements will be made for another level of care.

Hospital Stay Information
When checking in, we recommend that a family member accompany you to the hospital. We do allow a family member to stay overnight if needed. Please bring the following items:
- Seasonal outerwear
- Shirts/blouses with button fronts or pullovers that fit easily over the head
- Comfortable slacks, sweatpants, or a sweat suit
- Athletic shoes with good support and rubber soles
- Undergarments
- Pajamas or gown, robe, and slippers
- Personal toiletry items such as toothpaste, comb, deodorant, soap, etc.
- Any corrective devices, such as dentures, eyeglasses, hearing aids, etc.
- Health/hospitalization insurance card
Note: Coliseum is a smoke-free environment.

Outpatient Services
Outpatient rehabilitation services are available and may be recommended for patients who have been discharged from our inpatient program. Individuals who do not require the intensity of the inpatient program may be candidates as well for outpatient therapy.

To learn more, please call (470) 765-4333.